



WHAT PROFESSIONALS ARE SAYING

“Very essential part of a bariatric weight loss process. This will greatly enhance our current program.”

Rhonda Hebert, BS, CRC
Lafayette General Medical Center • Lafayette, LA

“Excellent facilitator training session! Very organized and informative.”

Jennifer Black, RN CBN
Mercy Weight Loss Center • Dakota Dunes, South Dakota

“Valuable, well prepared materials. Great program.”

Sheenagh King, RD, LD
Obesity Solutions • Gainesville, GA

“Excellent job on how this is put together. Very well organized. I see many ways to use this in our program.”

Brenda Holliday
Tallgrass Surgical Weight Loss Solutions • Topeka, KS



FOR LOCAL BACK ON TRACK RESOURCES, CONTACT:



WHAT PATIENTS ARE SAYING

“I feel great! I’m getting back in to my clothes and am so thankful that I took your Back on Track class. I had lost 3 more pounds when I weighed this morning!!! That makes 17 pounds in 5 weeks. I’m so thankful and thrilled!”

M. Meador
Union, SC

“Brings to the forefront the importance of understanding our own bodies in all aspects, emotional, physical, etc.”

L. Lopez
Austin, TX

“Absolutely fantastic! Valuable education, materials, support networking and references”

J. Nolan
Providence, RI



9257 South Redwood Road Suite B
West Jordan, Utah 84088

801-601-8448 Toll Free: 800-339-9129
www.bariatricsupportcenter.com



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Back on Track Resources Include:

- Self Guided 6 week Program
- 6-week Live Back on Track Programs
- 6-week Web-based Programs
- Online support
- Hope & Help Webinars
- Facebook Discussion Groups



WLSPatient 1997
Janean G. Hall
Director of Patient Education

Program Director, Janean G. Hall, is a Bariatric Life Coach and successful bariatric patient from 1997. She is a founding partner of Bariatric Support Centers International and Director of Patient Education.

Participants in this program are inspired by her example, motivated by her support and educated by her knowledge.

Make a commitment today to take control, get back on track and re-claim the "New You" you were once so proud of.

Find the education and motivation you need to reach and maintain your optimum weight loss goals by enrolling in a BSCI's Back on Track Program today!



800-339-9129



Back on Track Program Package includes the following booklets:

- Goal Getting
Reach further, dream bigger, aspire higher
- Exchanging Habits
An eight step process to eliminate a bad habit
- Kick Start
A five to fourteen day to shift your body to a ketosis based metabolism
- Strength-n-Sculpt
A guide to personalize your fitness
- Maintenance Mentality
Achieving a balance in your lifestyle

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