



FREE BARIATRIC TELEPHONE SUPPORT GROUPS

Join the BSCI Dream Team for our unique brand of support

Just call the number & enter participant code
(toll charges may apply)

Our telephonic support groups provide a secure, welcoming setting for people who have had or are considering having weight-loss surgery or who just want to lose weight. Groups last about one hour, but you may come and go as you please. All weight-loss surgery patients, supporters, and investigators are welcome to participate, learn, share, or just listen in. Facilitated by BSCI's extraordinary licensees, you will find each group engaging, educational and supportive.



1st Monday (Evening)
8:00 PM (EST), 7:00 PM (CST)
6:00 PM (MST), 5:00 PM (PST)

Randy Pinkerton, Facilitator
randypinkerton2006@gmail.com

Call 712-432-9998
Enter BSCI Participant Code # 602024

Jan 9th	Feb 6th	March 6th
April 3rd	May 1st	June 5th
July 3rd	Aug 7th	Sept No call
Oct 2nd	Nov 6th	Dec 4th



1st Saturday (Morning)
11:00 AM (EST), 10:00 AM (CST),
9:00 AM (MST), 8:00 AM (PST)

Sandi & Wendy, Facilitators
wlssuccessmatters@gmail.com

Call 641-715-3605
Enter Participant Code # 504739

Jan 7th	Feb 4th	March 4th
April 1st	May 6th	June 3rd
July 1st	Aug 5th	Sept 2nd
Oct 7th	Nov 4th	Dec 2nd



2nd Tuesday (Evening)
7:30 PM (EST), 6:30 PM (CST)
5:30 PM (MST), 4:30 PM (PST)

Brenetta Cheeks, Facilitator
bcheeksster@gmail.com

Call 712-432-9998
Enter BSCI Participant Code # 602024

Jan 10th	Feb 14th	March 14th
April 11th	May 9th	June 13th
July 11th	Aug 8th	Sept 12th
Oct 10th	Nov 14th	Dec 12th



3rd Tuesday (Evening)
6:00 PM (EST), 5:00 PM (CST),
4:00 PM (MST), 3:00 PM (PST)

Denise Roden, Facilitator
deniseroden@gmail.com

Call 712-432-9998
Enter BSCI Participant Code # 602024

Jan 17th	Feb 21st	March 21st
April 18th	May 16th	June 20th
July 18th	Aug 15th	Sept 19th
Oct 17th	Nov 21st	Dec 19th



3rd Thursday (Afternoon)
2:00 PM (EST), 1:00 PM (CST),
12:00 PM (MST), 11:00 AM (PST)

Lisa Burk Foster, Facilitator
lisaburkfoster@gmail.com

Call 712-432-9998
Enter BSCI Participant Code # 602024

Jan 19th	Feb 16th	March 16th
April 20th	May 18th	June 15th
July 20th	Aug 17th	Sept 21st
Oct 19th	Nov 16th	Dec 21st



3er Miercoles (Noche)
8:00 PM (Hora Este)
5:00 PM (Hora Pacifico)

Elia Puche
eliapuche@hotmail.com

Llama al 712-432-9998
Marca el codigo BSCI de participante # 602024

Ene 18	Feb 15	Mar 15
Abr 19	May 17	Jun 21
Jul 19	Ago 16	Sep 20
Oct 18	Nov 15	Dic 20



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3rd Thursday (Evening)
8:00 PM (EST), 7:00 PM (CST),
6:00 PM (MST), 5:00 PM (PST)
[Sandi & Wendy, Facilitators](mailto:wssuccessmatters@gmail.com)
wssuccessmatters@gmail.com

Call 641-715-3605
Enter Participant Code # 504739

Jan 19th	Feb 16th	March 16th
April No Call	May No Call	June 15th
July 20th	Aug 17th	Sept 21st
Oct 19th	Nov 16th	Dec 21st