



## **FREE BARIATRIC TELEPHONE SUPPORT GROUPS**

Join the BSCI Dream Team for our unique brand of support

**Just call the number & enter participant code**  
(toll charges may apply)

Our telephonic support groups provide a secure, welcoming setting for people who have had or are considering having weight-loss surgery or who just want to lose weight. Groups last about one hour, but you may come and go as you please. All weight-loss surgery patients, supporters, and investigators are welcome to participate, learn, share, or just listen in. Facilitated by BSCI's extraordinary licensees, you will find each group engaging, educational and supportive.



**1st Monday (Evening)**  
8:00 PM (EST), 7:00 PM (CST)  
6:00 PM (MST), 5:00 PM (PST)

[Randy Pinkerton, Facilitator](#)  
randypinkerton2006@gmail.com

**Call 605-468-8017**  
Enter BSCI Participant Code # 602024

Jan 9th	Feb 6th	March 6th
April 3rd	May 1st	June 5th
July 3rd	Aug 7th	Sept No call
Oct 2nd	Nov 6th	Dec 4th



**1st Saturday (Morning)**  
11:00 AM (EST), 10:00 AM (CST),  
9:00 AM (MST), 8:00 AM (PST)

[Sandi & Wendy, Facilitators](#)  
wlssuccessmatters@gmail.com

**Call 641-715-3605**  
Enter Participant Code # 504739

Jan 7th	Feb 4th	March 4th
April 1st	May 6th	June 3rd
July 1st	Aug 5th	Sept 2nd
Oct 7th	Nov 4th	Dec 2nd




**2nd Tuesday (Evening)**  
7:30 PM (EST), 6:30 PM (CST)  
5:30 PM (MST), 4:30 PM (PST)

[Brenetta Cheeks, Facilitator](#)  
bcheeksster@gmail.com

**Call 605-468-8017**  
Enter BSCI Participant Code # 602024

Jan 10th	Feb 14th	March 14th
April 11th	May 9th	June 13th
July 11th	Aug 8th	Sept 12th
Oct 10th	Nov 14th	Dec 12th



**3rd Tuesday (Evening)**  
6:00 PM (EST), 5:00 PM (CST),  
4:00 PM (MST), 3:00 PM (PST)

[Denise Roden, Facilitator](#)  
deniseroden@gmail.com

**Call 605-468-8017**  
Enter BSCI Participant Code # 602024

Jan 17th	Feb 21st	March 21st
April 18th	May 16th	June 20th
July 18th	Aug 15th	Sept 19th
Oct 17th	Nov 21st	Dec 19th



**3rd Thursday (Afternoon)**  
2:00 PM (EST), 1:00 PM (CST),  
12:00 PM (MST), 11:00 AM (PST)

[Lisa Burk Foster, Facilitator](#)  
lisaburkfoster@gmail.com

**Call 605-468-8017**  
Enter BSCI Participant Code # 602024

Jan 19th	Feb 16th	March 16th
April 20th	May 18th	June 15th
July 20th	Aug 17th	Sept 21st
Oct 19th	Nov 16th	Dec 21st



**3er Miercoles (Noche)**  
8:00 PM (Hora Este)  
5:00 PM (Hora Pacifico)

[Elia Puche](#)  
eliapuche@hotmail.com

**Llama al 605-468-8017**  
Marca el codigo BSCI de participante # 602024

Ene 18	Feb 15	Mar 15
Abr 19	May 17	Jun 21
Jul 19	Ago 16	Sep 20
Oct 18	Nov 15	Dic 20



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**3rd Thursday (Evening)**  
8:00 PM (EST), 7:00 PM (CST),  
6:00 PM (MST), 5:00 PM (PST)  
[Sandi & Wendy, Facilitators](mailto:wssuccessmatters@gmail.com)  
wssuccessmatters@gmail.com

**Call 641-715-3605**  
Enter Participant Code # 504739

Jan 19th	Feb 16th	March 16th
April No Call	May No Call	June 15th
July 20th	Aug 17th	Sept 21st
Oct 19th	Nov 16th	Dec 21st