



Support Group Leader Certification

For the morbidly obese, a surgical intervention provides a remarkable tool. However, long-term, optimal outcomes require a comprehensive aftercare program to provide education and support to help each individual reach and maintain a healthy lifestyle. Participants in this course will learn how to organize, coordinate and facilitate quality bariatric support groups. This course features agenda planning, facilitation skills, patient engagement and retention, and teaching ideas & techniques.

Participants will:

1. Identify key elements necessary to provide a supportive and educational aftercare program for their bariatric patients.
2. Understand the Success Habits of Weight Loss Surgery Patients principles, research and resources.
3. Learn important strategies for involving patients in support and educational offerings as well as how to provide volunteer opportunities for patients.
4. Become familiar with lesson materials, teaching aids and techniques and have an opportunity to prepare and present a lesson for evaluation and feedback.
5. Learn how to organize, coordinate and facilitate classes & support groups.

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